

NLP Practitioner Competencies

1. Calibration (input channels)

- Being able to calibrate in each of the sensory input channels (please notice that we distinguish between 'sensory input channel' and 'representational system'), visual, auditory and kinesthetic.
- The ability to distinguish between conscious and unconscious signals in non-verbal communication.

2. Rapport

- Mirroring - Visual, auditory
- Cross-over mirroring - Visual, auditory Alignments (including rep. systems manipulation)

3. Representational systems

The ability to detect the preferred representational system by:

- Eye movements
- Predicates
- Voice quality
- The ability to rapidly and smoothly adjust your communication (both verbal and non-verbal) to the preferred system of the client.
- Overlap of representational systems as a method of inducing in the client whichever system they do not have access to, and use in pacing and leading the client from one representational system to the other (all 3 – V, A, K)
- Identification and utilization of ordered sequences of representational systems, (sometimes referred to as strategies)
- Synesthesia patterns

4. The Presuppositions Of NLP

5. Submodalities and their use both as interventions and as barometers of the effectiveness of change techniques

- Submodalities Like To Dislike
- Submodalities Belief Change
- Swish Patterns

6. Language patterns

- Meta Model patterns, 13 meta model distinctions
- Verbal package
- Simple hypnotic patterning

- Using inductions and language patterns (portions of the Milton Model) to utilise both deliberate and spontaneously occurring altered states.
- Recognition and utilization of Milton Model patterns in contexts of influence

7. Methods of verifying map alignment (paraphrase, for example)

- The Intention question
- Modal operators and universal quantifiers

8. Minimum metaphor competency

- Isomorphic/homomorphic mappings
- Naturalistic metaphors
- Metaphors using anchoring to specify to the client's unconscious mind the elements in the metaphor that correspond to specific elements in the presenting problem or challenge.
- Living metaphors
- Logical levels and logical types (defined in Whispering)

9. Anchoring techniques

- The ability to establish and successfully re-activate anchors in each of the three major input channels (V A K, and also spatially)
- Use of anchoring in change formats
- Change personal history/re-imprinting
- Collapse of anchors
- Time line interventions
- Circle of excellence (spatial anchoring)

10. Multiple perceptual positions

With special emphasis on triple description (the use of 1st, 2nd and 3rd position), with full competency to move quickly and cleanly between these perceptual positions.

11. Chain of Excellence

- Breathing
- Physiology
- State
- Performance

12. Epistemology (from Whispering) with f1, FA and f2

- F1 Transforms
- First Access
- F2 Transforms
- Linguistic Representations

Being able to recognize the above distinctions and how they impact mental processing at different points of representation.

Being able to design interventions and understand the leverage point of that intervention in the epistemological distinction.

13. Involuntary signal systems

- Arbitrary involuntary systems (like those found in step two of Six Step Reframing)
- Use of natural involuntary systems (pain and sensations associated with health, disease and dreams)
- Methods for assisting people who are disassociated kinesthetically to develop signals – the orienting response

14. N-Step Reframing (old Six Step Reframing)

- Calibrating and working with clients involuntary unconscious signals
- Working with 'unconscious intention', again through calibrating and working with involuntary unconscious signals

15. Tasking (especially for changing belief systems)

- Listening off the top for semantically packed words.
- Being able to set parallel tasks, that are isomorphic to the client's 'present issue' to create change in the client's circumstances with the direct involvement of the client's conscious mind.

16. Parts Interventions

- Recognize parts as a metaphor
- Negotiation between parts
- Parts integration
- Building a team

17. Strategies..

- T.O.T.E. Model Of Strategies
- Motivation Strategies
- Learning Strategies
- Spelling Strategies
- Strategy Elicitation and Utilization

18. Well Formedness Conditions

19. Phobia – Double Dissociation technique

20. Goal Setting

EVALUATION BEFORE CERTIFICATION